

General Information

The first „Heidelberg International Rowing regatta of Universities (InRUn)“ is organized through cooperation of the Heidelberger Regattaverband e.V., the Ruprecht-Karls-University Heidelberg and the City of Heidelberg. The Heidelberg Club International (HCI) will act on behalf of the City of Heidelberg. The HCI has been founded in New York in 1976 and has currently 350 active members worldwide. This significant network of outstanding personalities from the realm of science, economy, culture and politics cultivates international friendships around the world and lays the foundation of our network for transnational cooperations and innovative activities.

Facts

Students and teachers of the universities invited are allowed to compete in the M 8 + A competition. Boats can be provided on request for teams travelling more than 800km to Heidelberg. The race will cover a distance of 500 meters and will take place in front of the picturesque backdrop of Heidelberg's Old Town. Upon receipt of all entries it will be decided if a sprint race can be added to the competition program. The race number will be allotted. The final race on Saturday evening will take place after the qualifying rounds on Saturday morning. There are four starting lanes available at a race distance of five minutes.

The winner team (woman and men) will receive the winner's trophy, the medal of the "Heidelberg International Rowing regatta of Universities (InRUn)" and in addition the team will receive 5.000 euro.

Accommodation and meals will be provided for up to eleven members of each team. The youth hostel is on the Neckar, approximately 20 Minutes walk from the regatta area. Overseas participants will arrive on Thursday, 2 July, so that they can recover from jetlag. All other participants are scheduled on Friday 3 July. The participants departure will be on Sunday or Monday, depending on personal preference.

Course of Events

During the entire weekend Heidelberg is themed as the „City of Sports“. The 10th wheelchair marathon of Heidelberg (www.rollstuhlmarathon.eu) takes place on Sunday and will be a display of remarkable athletic performances. Over the course of the weekend Heidelberg's numerous sports clubs will present their work through further interesting attractions and a large stage directly placed on the waterside. This so-called "Schaufenster des Sports" (Shop Window of Sports) will offer you an extensive course of exciting and entertaining events to look forward to. The band „Soulfinger“ will eventually vitalize the late hours of the evening. (www.sportkreis-heidelberg.de)

Preliminary program:

1. Heidelberg International Rowing regatta of Universities (InRUN)

Teams arriving at Frankfurt airport will be transferred to Heidelberg

Thursday	July 2	arrival of the teams from overseas transfer to the Heidelberg youth hostel dinner
Friday	July 3	arrival of the teams from Europe 1pm lunch at the rowing club Heidelberg 2pm city sightseeing tour 5pm training 8pm reception at the old auditorium of the university dinner at the university
Saturday	July 4	9am heats 11am sprint heats (optional) lunch at the rowing club Heidelberg 3pm final 3.30pm sprint final (optional) followed by award ceremony on stage dinner at the rowing club evening: concert of the band „Soulfinger“ on the Neckarwiese (waterside)
Sunday	July 5	11am reception at the City Hall 1pm lunch at the rowing club, watching other sporting events, leisure time, sightseeing tour / boat tours on the Neckar evening: discovery of the inns of Old Heidelberg departure
Monday	July 6	departure of teams

**Information on Heidelberg in different languages:
www.heidelberg-marketing.de**

Registration Form

1. Heidelberg International Rowing regatta of Universities (InRUN) 3. – 5. July 2009

Name of university:

Name, phone number and e-mail address of team leader:

Names of team members (only members of the University, students and employees with health and accident insurance, may participate):

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Arrival date/time/flight number:

Departure date/time/flight number:

The team requests a boat from the regatta organization
(only for teams travelling a distance of more than 800 km)

Yes / No