

24 October 2006
Lausanne, Switzerland

**To the National Federations:
FISA 6th Development Camp for Women.**

As part of FISA's program to develop women's rowing we have the pleasure to invite female athletes preparing for the 2007 Regatta Season to the 6th FISA Women's Training Camp during February 2007.

Place:	Seville, Spain, (FISA Development Centre – CAR)
Dates:	4th to 19th February 2007
Closing date for entry:	30th November 2006
Arrival date:	Sunday 4th February
Closing date:	Friday 16th February
FISA Team Cup:	Saturday 17th and Sunday 18th (1000 and 500 meters)
Departure:	Monday 19th February
Course Director:	Thor Nilsen, FISA Development Director

The Camp will focus on crews preparing for the 2007 Regional and International Regatta Season. It will concentrate on personal technical coaching, training on the water and land and physiological testing. ***This will be a training camp as opposed to an educational camp that FISA has run in the past.***

FISA will provide boats and sculls/oars, but national federations are encouraged to bring their own boats and equipment. If you require a boat and sculls/oars you must submit the request with your application. The camp is limited to 15 athletes and 5 coaches. Interested Federations should apply to FISA by the 30 November 2006. FISA reserves the right to cancel the course.

The price for the camp is **950 USD or 750 €per person**, but FISA has a number of scholarships available, and will offer a reduced price of **500 USD or 400 €per person** to selected participants. The price includes pick up service at the airport or railway station, full board accommodation in 2-3 person rooms and all activity included. Any extra days will be at the cost of the participant.

The participants will stay in the Sport Residence at the Seville Rowing Centre, Spain. All rooms will have ensuite toilet/shower, TV and telephone.

The Course will offer international coaching and the management can communicate in English, German, Scandinavian and Spanish. All coaching sessions will be given in English.

The course will close with the FISA Team Cup Regatta, and the participants will be given the opportunity to start in the normal categories or in special categories for developing countries.

Yours truly,
Anita DeFrantz
Chair Development Commission

Tricia Smith
Chair Women's Commission

