Fédération Internationale des Sociétés d'Aviron International Rowing Federation

24 October 2006 Lausanne, Switzerland

To Female Coaches:

FISA 6th Development Camp for Women.

As part of FISA's program to develop women's rowing we have the pleasure to invite female coaches who are seeking international coaching experience and coach mentoring, to participate in the 6th FISA Women's Training Camp during February 2007.

Place: Seville, Spain, (FISA Development Centre – CAR)

4th to 19th February 2007 Dates: 30th November 2006 Closing date for entry: Arrival date: Sunday 4th February Friday 16th February Closing date:

Saturday 17th and Sunday 18th (1000 and 500 meters) Monday 19th February FISA Team Cup:

Departure:

Course Director: Thor Nilsen, FISA Development Director

The Camp will focus on crews preparing for the 2007 Regional and International Regatta Season. It will concentrate on personal technical coaching, training on the water and land and physiological testing. This will be a training camp as opposed to an educational camp that FISA has run in the past.

The cost for the camp is 600 USD or 500 \in , excluding travel costs to Seville. The price includes pick up service at the airport or railway station and full board accommodation. Coaches will stay in rooms for two people at the Sport Residence at the Seville Rowing Centre. All rooms will have ensuite toilet/shower, TV and telephone.

Applicants may seek funding assistance from their National Olympic Committee and/or their National Rowing Federations and/or their Sports or Coaching Associations. Applicants must be able to speak clear English. They should have previous rowing coaching experience, and also may be former international rowing athletes. Their applications should be accompanied by a summary of their Rowing Achievements and Coaching Experience, together with their long-term goals as a Rowing Coach.

They will assist with the technical coaching, training and overall organization of the Women's Development Camp under the guidance and mentoring of Thor Nilsen, the FISA Development Director. The course will offer international coaching to 15 athletes. All coaching sessions will be given in English. The course will close with the FISA Team Cup Regatta, and the participants will be given the opportunity to start in the normal categories or in special categories for developing countries.

Applications from coaches must be received in the FISA Office by the 30th November 2006. FISA reserves the right to cancel the course.

Yours truly.

Anita DeFrantz Tricia Smith

Chair Development Commission Chair Women's Commission

