

Something for everybody, from Beginners to the Best

Marlow Long Distance Sculls Saturday 27th October 2007

Organised under ARA Rules by Marlow Rowing Club)

The event will have two divisions; please note that the start times may be adjusted by 30 mins.

The **LDS Novices & Junior Sculling Head** a 2500 metre race in crew boats and singles for those who have yet to win at a regatta, because we realise that the majority of other long distance races are geared to the more experienced competitors.

In particular we wish to encourage Novices or Maidens with less than one year of experience and Juniors who have graduated from a Project Oarsome programme in 2007.

This event will also offer classes for Adaptive athletes

The **LDS Championship Sculls**, a 4800 metre upstream race will take place at 2.30 p.m. and is the most challenging of all of the Thames Valley sculling heads.

**** Entries for J14 will not be accepted from competitors under 12 on the day of the race ****

We will be offering prizes in any category where we have received a minimum of four entries. Other competitors will, where possible, be transferred to the next appropriate class.

The LDS Novices & Junior Sculling Head

2500 metres upstream
from Bourne End to Quarry Woods Hall
Starting at 11.00

Please note that this event is primarily for recent recruits to the sport. More experienced competitors are expected to enter the LDS Championship Sculls.

Entries may be made in the following classes:

Open, Women, Mixed and Veteran*

Nov 4x+
Nov 2x
Nov 1x

(*Veteran A, B, C, D, E, F, G, H handicaps will apply)

Junior & Maiden

J14 4x+
J14 2x
J14 1x
J15 4x+
J15 2x
J15 1x
J16 2x
Jun 2x

Adaptive crews

(Subject to the number of entries prizes will be awarded to both experienced and novice crews.)

1x
2x
4+

The LDS Championship Sculls

4800 metres upstream
from Cookham to Quarry Woods Hall
Starting at 2.30

Entries may be made in the following classes

Open and Women

(1x only)

Elite

Elite Lightweight (75kg & 61kg)

Senior 1

Senior 2

Senior 2 Lightweight (75kg & 61kg)

Senior 3

Senior 4

Juniors

1x or 2x

(Maidens not eligible)

Junior

J16

J15

J14

Novices

1x or 2x

Veteran

1x or 2x

A, B, C, D, E, F, G, H, etc

The 1x and 2x boat classes will start with a 10 minute interval

Entries close at Noon on Saturday 20th October; OARA only. Payment requested by the closing date.

post cheques to: LDS Treasurer, Marlow RC; Marlow Bridge Lane, Marlow SL7 1RH

Entry fees (per seat):

LDS Novices & Juniors Head - Short Course: Seniors & Veterans £8.50; Juniors: £7.50

The LDS Championship Sculls: Seniors & Veterans £9.50; Juniors: £8.50

Cheques Payable to Marlow Rowing Club

Further information available from P D Blaseby on 07816769026 (answerphone)

On Monday 22nd October the order of start will be posted on the

Marlow Events Web-site (www.marlowregattas.org.uk)

and posted to your OARA registered address or, preferably, by e-mail if notified on entry.

If stream conditions deteriorate in the week before the event a notice will be posted on the website and entry fees refunded by cheque to the club, NOT the individual making the entry. OARA does not have a facility for refunds.

Please send your enquiries by *e-mail* to mrc_2007_lds@btinternet.com