PRESS RELEASE:

MPS AND LORDS IN RACE FOR VICTORY

Amateur Rowing Association

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The All Party Parliamentary Rowing Group (APPRG) has successfully secured an exhibition slot in the Upper Waiting Hall of the Houses of Parliament in association with the Amateur Rowing Association (ARA).

The exhibition, which runs for four days from 30 April 2007, will highlight a broad range of programmes developed by the ARA to achieve increased participation in rowing.

The Minister of State for Sport the Rt. Hon. Richard Caborn will officially open the exhibition from 17:30 to 18:30 on 30 April, joined by Carla Ashford from the GB Women's Eight 2005 and 2006, and Tom Solesbury from the GB Men's Eight, 2006.

RACING

The exhibition, themed around **Rowing and Health** will be **interactive**, providing members of the two Chambers with an opportunity to experience **indoor rowing**, and the chance to test their own abilities and compare them with their colleagues – an altogether new way of challenging the opposition! Results will be displayed on an exhibition scoreboard during the course of the four-day event.

Prizes will be awarded by GB Team rowers Simon Fieldhouse and Elise Laverick at 14:00 on 3 May 2007 for the following:

- Best MP
- Best Lord
- Best Female
- Best Male
- Fittest Party
- Lords v Commons

THEMED DAYS

Members of the **ARA Coaching and Development Team** will be available daily to discuss all aspects of ARA work.

In addition, each day we will have a **theme** and an ARA expert will be on hand to answer questions relating to the theme of the day. The themes for each day are as follows:

- Monday: Health and Recreation
- Tuesday: Competition and Coaching
- Wednesday: Rowing and the Community
- Thursday: High Performance and International Competition

Please note: The exhibition will also be open to the general public: http://www.parliament.uk/about/visiting.cfm