Surfboat Sweep Training Day

Following the significant level of interest shown by river rowers at the UK Surfboat Championships, European Surfboats Ltd are pleased to announce their first UK sweep training event.

This will be a highly practical day with emphasis on acquiring sweeping skills.

- ✓ Boats and equipment will be made available.
- √ Trainers and coaches will be experienced Sweeps
- ✓ Suitable for any experienced river rower
- ✓ Training paced to individual ability

Note:

Due to the practical nature of the course places are limited. Therefore early application is recommended.



Venue:

Westover and Bournemouth Rowing Club
The Boathouse, Pier Approach,
Bournemouth, Dorset. BH1 1AN

When:

Saturday October 13th, 10.00am to 4.00pm

Cost

£40 (incl light lunch, tea/coffee, equipment)

Organisers

For further details contact
Richard Meadmore
Tel: 07802295006

Email: richard@meadmore.net

